



Stable & Wild

PROGRAMME SUMMARY




**Stable
& Wild**
A NATURAL WAY TO GROW



Programme Summary

Introduction

Over the years Stable & Wild have created a natural, wild and supportive environment to help young people to overcome their barriers to learning and help them to grow and thrive. We use horses, small animals and the outdoors to achieve that.

We provide a sanctuary, away from tradition, constraints and distractions, which offers both stability and freedom. We are able to offer a diverse curriculum which allows us to enrich our activities to more flexibly meet the needs of learners from all age groups with a broad range of presenting behaviours.

We meet young people at the point they are at right now. If they are in, out, or somewhere between the two in terms of school attendance, then we offer a tapered approach that introduces the young person to our provision in a way that feels comfortable and progressive. This can include video introductions, pre-visits and home visits if required, to make the transition as smooth as possible.

Our programmes include accreditations for short courses, which **align with the national curriculum** and support schools in linking with some of these outcomes as well as the individual specified outcomes in the One to One Personal Development Programme.

We have the ability to offer programmes in the school holidays, to enable existing and new cohorts of learners to attend our site at Millbrook in Bedfordshire. We are also developing ways to increase our reach into schools via different mediums too.

Our team all demonstrate the same key values and principles of putting young people's needs at the front and centre of all that we do and that has enabled us to grow into the organisation we are today working with more than 90 schools and referral bodies across Beds, Herts and Bucks.

Meeting the requirements of Ofsted

As Ofsted recognise the importance of a holistic curriculum, our programmes support the EIF (Education Inspection Framework) focussing on the impact and implementation the session has on a learner.

The approach at Stable & Wild heavily supports the 2019 PSHE Ofsted framework. Whatever the journey a young person is on, our programme prepares them for the next steps in their education and later employment.



Beyond personal development our well-considered and balanced curriculum contributes to the wider world, resilience, confidence and independence.

We are able to demonstrate a rich, learner led experience which is captured through weekly session notes showing progress being made linking to pre-agreed objectives.

All our courses are aligned with the National Curriculum and PSHE frameworks

One to One Programme

Our 1 to 1 programme offers bespoke sessions for individuals encountering a wide range emotional and behavioural issues and for those facing specific barriers to learning and life.

Each programme is **tailored to the individual** and is suitable for anyone requiring a high level of support.

We work with young people of all ages and address the specific requirements of the individual to develop and support them to progress.

At referral, each young person is assessed using our baseline assessment tool to enable detailed Individual Learning Objectives and Impact Measures to be produced.

We work in close partnership with a wide range of multi-disciplinary professionals and referring organisations, to ensure that the young person's complex needs are addressed via a cohesive, multi-agency approach.

Each session lasts one hour fifteen minutes, and we would recommend a minimum of six sessions; (some clients work with us over a much longer period). The aim of this programme is to develop and support the individual to the next stage in their life.

Our outdoor learning environment offers scope and flexibility to explore a wide range of behaviours and emotions, by working with a variety of small animals and horses in natural open spaces.

Young people develop self-confidence, improved self-esteem and a motivation for learning through experiential learning that is transferable back into their everyday lives. They acquire skills and strategies to manage their own emotions and behaviours giving them the confidence to cope in situations they have previously found challenging.

Young people on 1-1 courses can achieve a National Outdoor Learning Award (NOLA) which reflects their skills progress in key areas of self-awareness and working with others . This award encourages personal development through reflective practice which is why it goes hand in hand with this programme.

Cost & Duration:

Sessions run for 1 hour 15 minutes

Timings: Flexible hours to suit commissioner/school from 9.30am to 3:00pm, Monday – Friday

Age Group: Key Stage 1 - 4

Cost: £165 per session if booked in blocks of 6 sessions at a time £150 per session if booked in blocks of 12 sessions at a time.

PALS Programme (Peer Assisted Learning)

This specific re-engagement programme is designed to support Key Stage 1, Key Stage 2 and early Key Stage 3 learners, identified as at risk of disengaging, at risk of exclusion or, those struggling with the transition into a new school/year group. This programme can also be a progression route for young people who have been working on a 1-1 programme.

PALS supports a small group (maximum 6 students) to develop essential life skills, including but not limited to;

- Interaction with others,
- Understanding own behaviour, its effect on themselves and others.
- Managing anger and challenging situations;
- Improving confidence and self-esteem,
- Team working and cooperation
- Preparing for change.

The course has tailored outcomes to improve pupil behaviour and learning attitudes, whilst addressing the underlying causes of disengagement within the school environment.

Cost & Duration:

6 week course, sessions are half day per week

Timings: Flexible hours to suit commissioner/school from 9:30-12pm or 12:30-3pm

Monday – Friday

Age Group: Key Stage 2 – 3

Cost: Half Day: £720 per day for group of 6 / £120 per person half day rate

Kings Trust Level 1 Award, Certificate, or Diploma in Personal Development & Employability Skills

This programme develops transferable skills through working with animals, nature and the outdoors. This environment ensures client engagement and delivers academic outcomes. It is a 38 week course, with small group sizes (maximum learners 6). The young people will gain a **Kings Trust Achieve qualification in Personal Development & Employability Skills**, whilst increasing their motivation, self-confidence and self-esteem. This qualification is designed to support Key Stage 3 & 4 learners to successfully engage in training, further education or employment. It will facilitate their progress in a chosen field, prepare them for further study and support the development of techniques that are required for successful independent living and improved life chances. Features of this qualification include:

- Engaging learning environment in which to deliver this versatile qualification
- An understanding of positive skills and attitudes for learning and work
- Taking ownership for personal progression

Multiple access points during the academic year

Academic outcome: Kings Trust Personal Development & Employability Level 1 Certificate through to Level 2, depending on progression

1 day per week for full academic year (38 weeks)

Timings: Flexible hours to suit commissioner/school from 9.30am to 2.30pm, Monday – Friday Age Group: Key Stage 3-4

Cost: £7,265 per learner per 38 week programme, including our in house early intervention/ re-engagement programme. **Please note we require a minimum of three students in order to facilitate this programme.**

Kings Trust courses can be delivered as a progression pathway for young people and can be run alongside 1-1 additional or taper support for young people requiring additional help. It can also supplement qualifications being delivered in school.

Parent/Carer Additional Support

At Stable and Wild we understand that finding the right support can be very challenging. We have listed a number of local and national organisations which offer support and advice to parents and carers of young people with SEND and SEMH challenges. This is available on our website and can be accessed using the QR code below –



This list is not exhaustive, so please contact us if you would like us to help to signpost you to relevant support.



Stable & Wild

A NATURAL WAY TO GROW

WWW.STABLEANDWILD.CO.UK

INFO@STABLEANDWILD.CO.UK

01234 881 871