

King's Trust Award

Level 1: Personal Development and Life Skills



We are proud to be delivering the nationally recognised King's Trust [formally known as The Prince's Trust] Achieve Award Scheme to young people from the age of 11.

This qualification is designed to recognise academic achievement through a programme that demonstrates real transferable skills that are important to employers in the future, thus enabling young people to improve their life chances by getting into meaningful employment and training. The units include topics such as Personal Development, Managing Money, Healthy Eating, Teambuilding, and Sustainability.

Last year 60,000 young people got into jobs, education and training through a King's Trust Qualification.

We will be offering the course as an Award, Certificate, Enhanced Certificate and Diplomas Level and this is delivered using our unique Stable and Wild approach. Using a therapeutic approach to support young people to overcome their personal barriers to learning enables us to underpin a more structured qualification by delivering it in a way that works for young people. This is what makes the difference to their achievement.

Often a qualification will be a progression pathway from a 1-1 programme, but it is also possible for young people to join us straight into a King's Trust Group.

The groups are small (8 max) and supported by two Stable and Wild Coaches.

Courses last a full academic year with access points throughout the year to enable young people to join at any point.

For more information regarding the structure of sessions, suitability, availability and price, please get in touch with a member of the Stable and Wild team.

Parent Testimonial | King's Trust Award @ Stable & Wild

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My daughter was struggling in school, she was being bullied and was let down by the teachers, there was no support for her, and her mental health deteriorated so much that it got to the stage that she wasn't even attending school.

She had no motivation to even leave her bedroom. She left her football team and lost friends and just became so isolated. It was really upsetting and worrying to see her like this. I felt lost and didn't know how to help her. She felt worthless and could not see a future and as a parent this was heartbreaking and extremely worrying to witness.

She was then offered a place on the King's Trust group at Stable and Wild. She was very anxious about attending, we had a lot of tears and concerns but wanted to give it a go. The first session she was up at 6am, washing and styling her hair and applying a full face of make-up, like applying a protection mask.

But we never looked back. After that first session, there was no need for the make-up 'mask', she became happier and more confident and her old-self started to come back. She looked forward to going each week, Her life began to have a purpose again. She made new friends and found something to be passionate about, she no longer felt a failure.

Working with her peers and the animals, she enjoyed her sessions and had 100% attendance. She grew in confidence. Her coaches were amazing to bring out the best in her and allow her to be herself and show her that she could achieve, which she did.

Since attending the King's Trust group, she has moved to a new school. She went from a non-attender to now going to school every day, she has a lovely new friendship group. She has confidence in herself for her upcoming GCSEs. She has joined a new football team and is thriving in this and has new friendships here as well.

She is a different child; she has now been offered a college place and feels like she has a future that she is excited about. Not all children fit into the 'box' that school tries to put them in. They just sometimes need someone to allow them to try an alternative approach to learning, to give them their spark back and allow them to believe in themselves. Then anything is possible for them. ”

